

# How to Recreate Your Life

Lesson One

## Introduction

By

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***Take Back Your Power***

***and***

***Create Whatever***

***You Truly Desire***

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# Introduction

***This course consists of three main parts:***

**Part 1- Free Will – you have the power**

**Part 2 - Living Your Own Life – the life that you choose**

**Part 3 – Real Magic – how to create whatever you truly desire**

This course is all about **transforming your life** – by creating in your life anything that you truly desire.

You have been given the free will to choose the life that you wish to live.

This only works! You can create huge benefit and 'unfair' advantages by using the tools and techniques here. My intention is to touch the lives of many people, all around the world, by showing them how to **transform their lives**.

Many people grow up being taught to have limited ambitions for themselves, that all things are not realistically possible. Except for a few fortunate individuals, our expectations of what is possible for each of us became very limited, our personal aspirations became very low.

***"The person who says it cannot be done should  
not interrupt the person doing it."  
- Chinese proverb***

However, we know that the average adult uses less than 10 per cent of their potential. Some researchers today say that it is less than 5 per cent. Recent indications suggest it is closer to one or two per cent. And we also know there is a direct relationship between our level of performance and our self concept, between our levels of effectiveness and our concept of ourselves.

One thing in particular we were taught was that failure is not good – in fact, that it is very bad, and to be avoided at all cost! However, the fear of failure is the greatest single obstruction to success in adult life. The fear of failure is what holds more people back from exploring their full potential than any other negative habit pattern or any other factor in human personality.

We are inhibited and afraid to stand out, afraid to be out of the ordinary, afraid to be *extraordinary* – afraid to be **successful!**

***I create what I want with energy – good things come to me easily***

I want to tell you that you are an amazing person – and you can create anything that you **truly desire**.

There are no barriers, no limits to what you can have. The only limit is what you can picture for yourself, what you can ask for and believe you can have.

Creating abundance will require that you let go of any remaining beliefs that money and objects are **difficult** to create. They are **not!**

**You are now ready to begin creating a life of abundance.**

***I live in an abundant world***

We just need to rid ourselves of the negative programming to which we have been subjected since early childhood. And this is much easier than you might think!

***I am a success – I allow myself to feel successful***

**Coming Up Next ...**

**Free Will – you have the power**